



Spiritual Wisdom Journal

Quarterly Inspiration from ECKANKAR

July–September 2014

Vol. 4, No. 3

SPIRITUAL SURVIVAL IN A CHANGING WORLD

Focus: Your Own Proof of Heaven

“We are looking to achieve the kingdom of heaven, which means the state of high awareness or God Consciousness, while in the physical body.” —Sri Harold Klemp,¹ *The Awakened Heart*

FEATURE ARTICLE

More Than One Heaven?

By Sri Harold Klemp



The information age has opened up so many subjects that used to be taboo. Not so many years ago, dreams were held in very low regard. But now people are starting to accept dreams. Television has broadcast so many shows about near-death experiences that people are getting quite accustomed to hearing about light, beings of light, and modern manifestations of angels. They don't need to rely on someone's account of a saint who lived three centuries ago or more.

People today are experiencing the sort of miracles that the church would not acknowledge just a few short years ago. People even claim to be out of their bodies—can you imagine! Doctors, social philosophers, and religionists are now studying the question: Were they really out

1. Sri Harold Klemp is the spiritual leader of Eckankar.

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A SPIRITUAL STORY

An Open Door

By Mandy Barton

I had just had surgery. Lying in my hospital bed after the operation, I heard a woman in the next room crying. I was not alone in my pain. My heart opened in compassion for the woman's discomfort, and I hoped the nurse would get to her quickly and bring her some relief.

I needed some relief too. Now that the surgery was over, I knew it would take a long time for me to heal. I faced many months of recuperation.

I stared silently up at the ceiling, knowing that it would be difficult. I wasn't sure I wanted to stay in my physical body. But as an ECKist, I also knew that all was in its rightful place. Every experience has a purpose.

As I gazed above me, considering my circumstances, the ceiling began to change. It filled with beautiful colors. Reds, blues, greens—all swirled above me in a dance of gorgeous light.

A little confused by what was happening, my first thought was *Hospitals don't have colored, swirling lights on their ceilings!*

Then I noticed the wall in front of me change. It was no longer

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Doorway to Heaven



Every time you walk through a doorway today, whether at work or at home, know that on the inner planes you are walking through a doorway to heaven. And that is every doorway, as long as you recognize this in your consciousness.

For example, suppose you have a difficult meeting with your boss or coworkers. As you walk through the door into the meeting, know that you are entering the room with a newer, higher consciousness.

When you get inside the room, pause a moment and ask yourself, *How is my higher awareness going to affect me? Will I be more relaxed? More tolerant and patient? Will I trust Divine Spirit to provide me with the answers and guidance I need?*

If you experiment with this technique, you will find it changes your viewpoint and lifts you higher and higher in awareness throughout the day.

—From *The Spiritual Exercises of ECK*, by Harold Klemp

More Than One Heaven?

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of their body, or was this some sort of mind trip?

Someday people will even get used to the fact of Soul Travel. This goes beyond astral travel and mind travel, the common teachings of psychic groups. Generally, astral travel takes the individual to the next plane closest to earth, the Astral Plane, which is the plane of emotion—the area where emotions originate. Some of the more spiritually advanced people can go on to the mental areas with mind travel. This sort of travel can take them to the lower Mental Plane, which is the Causal Plane; then to the true Mental Plane; and finally to the high area of the Mental Plane, which is the Etheric Plane.

But only Soul Travel, which is in the care and teaching of the ECK Masters², can take you to the Soul Plane.

If you want to understand it in everyday terms, a plane is simply a level of heaven.

At one point Paul the apostle said that he knew a man who was caught up even unto the third heaven. Not just heaven, but the third heaven. That presumes heavens one and two. The third heaven often equates to the main Mental Plane.

—From *How to Survive Spiritually in Our Times*, Mahanta Transcripts, Book 16, by Harold Klemp

Earth, with all its sunlight and the artificial lighting that shines so brightly all around us, is still a very dark place. Not just in a literal sense, but in comparison to the worlds that exist in-

wardly. They exist right where we are now but at a higher level of vibration. These worlds are as real to their inhabitants as this world is to us.

. . . And beyond these heavens we find that there are even more—the true worlds of God.

These are the high worlds of God, the high heavens of the Supreme Being, the worlds of Light and Sound. For we learn that the Holy Spirit, the Word of God, is actually Light and Sound. . . .

The effect of the Holy Spirit within you is to raise you spiritually, for the Light and Sound of God bring about your purification. . . .

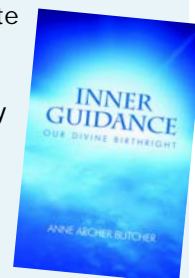
As this purification takes place within you, you are raised to a higher level of spiritual understanding. You develop more compassion about the problems of other people. With this greater awareness within you, you find that you have more love and patience. Other people find you a lot better to be around.

—From *We Come as Eagles*, Mahanta Transcripts, Book 9, by Harold Klemp

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Get Your Own Proof of Heaven

Answer key questions and validate your spiritual experiences. Eckankar author Anne Archer Butcher shares edge-of-your-seat details about daily miracles, out-of-body experiences, and how inner guidance has saved her life. Find out more at www.InnerGuidanceBook.org.



2. ECK Masters are spiritual Adepts who can assist and protect people in their spiritual studies and travels.

Ask a Modern Prophet about Your Own Proof of Heaven

What happens to us after death?

I'll paint a picture of the afterlife with a broad brush. The reason is that consciousness is like a river of water in that it goes gradually from a small stream to a larger one.

A composer, for example, uses a similar method. When he wishes to move up, say, eleven notes from a starting note, he will work his way up in gradual steps rather than in one big leap. He may go up two notes, drop back a half note, move up a full note, and so on, until he reaches the eleventh note he was aiming for.

These gradual movements from the smaller to the larger or the lower to the higher are to prevent a destructive or jarring effect upon the sensibilities of man or nature.

So it is, too, when an individual moves from this life to the afterlife. It is within the limits of one's expectations.

Of course, we do not speak here about the particular event that causes death, such as an accident, other violence, or even a peaceful passing in bed after reaching a ripe old age. Our attention is upon what sort of life one can expect in the other worlds after his passing.

It will be similar to what an individual gains on earth and his spiritual state of consciousness. If he embraces the images and conditions of a Christian, he will start there in the continuation of his life in the other worlds.

Soul must use the earthly life to

expand in consciousness via the Spiritual Exercises of ECK.

These exercises open a person's heart to God's love, which is to help and comfort all. With this understanding, one may then become a real spiritual traveler. He begins his mission as a Co-worker with God. Everything is an open book. Life is a joyful, interesting, and useful one, of service to all.

—From *A Modern Prophet Answers Your Key Questions about Life, Book 2*, by Harold Klemp

Do animals go to heaven?

Will Rogers was a comedian during the early twentieth century. He once said, "If there are no dogs in Heaven, then when I die I want to go where they went."

That was his opinion, and it was interesting that he was so far ahead of his time. Because today, people are wondering, Are cats and dogs and goldfish and all kinds of pretty little birds going to be in heaven too?

Somehow the standard version of heaven is that all these won't be there. And people wonder, What kind of place is this going to be?

I don't know. But in the ECK heaven, all these are there too, so don't worry.

Love comes down from the Holy Spirit. The Holy Spirit is the Voice of God. It comes from the Divine Being, whatever you want to call the Creator. We call It Sugmad.

This love comes down, and It sustains all life. This love is the Voice of God, the Holy Spirit. And it is actually this Voice of God that maintains and sustains the lower worlds. It is pure love, and this love is not the domain of humans only, but also of animals.

—From "Spiritual Lessons from Living," *The Master's Talks in A Year of Creativity—2009–10*

You've always known there's something more...

Now explore! To have your free* copy of *Eckankar's Spiritual Experiences Guidebook* and CD sent to you by mail, click this box or visit SpiritualExperience.org.

You can also request it by calling or writing:

- 1-888-LOVE GOD, Dept. ISEG (USA only)
- ECKANKAR, PO Box 2000, Chanhassen, MN 55317-2000 USA

*For anyone not a member of Eckankar



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You Are Invited to a Spiritual Gathering

Eckankar seminars are an opportunity to join with other spiritual seekers and students of Eckankar for one to three days of workshops, small group discussions, inspiring creative arts, programs for youth and families, and outstanding speakers. Sri Harold Klemp is the featured speaker at the two major Eckankar seminars (spring and fall) each year.

Coming in October:

2014 ECK Worldwide Seminar
A Year of Spiritual Healing
October 24–26, 2014
Minneapolis, Minnesota, USA

Secret Path to Heaven

“If you wonder what the secret path to heaven is, the way to find out is to sing HU.”

—From *The Master’s Talks in The Year of Thanksgiving—2008–9*, by Harold Klemp

Watch the [Miracles in Your Life](#) video to find out more about HU.

For more information, to preregister for this seminar, or to see a short excerpt of a seminar talk by Sri Harold Klemp, go to www.ECKseminars.org.



Meet people from all over the world who share how they found their own doorway to heaven.

To view the video, *The ECK Seminar Experience*, go to www.ECKseminars.org.

An Open Door

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just a wall. Now there was an open door and a man stood at the opening.

Waves of love poured from him, and I felt comforted and safe. It was the loveliest feeling. It seemed as if I knew him, but at first I didn’t recognize him. Then I realized it was Sri Harold Klemp, the Mahanta, the Living ECK Master.³

“Hello, Mandy,” he said. “You can come with me now, or you can stay. It’s your choice.”

Immediately I knew I wasn’t ready to die. There was so much more I needed to learn. So I chose to stay.

The next thing I knew, the most beautiful sunlight was shining down on me. It was morn-

3. The Mahanta, the Living ECK Master is the spiritual leader of Eckankar, who assists spiritual students via talks and writings, in the dream state, and in the spiritual worlds.

ing, and I’d peacefully slept the whole night through. I felt wonderful!

Right after that, I started to heal.

With this experience, my faith in the ECK and the Mahanta grew stronger. Even now, I still find myself crying with joy, knowing that whatever life brings, whatever open doors I walk through, the Inner Master is always with me, ready to help me take the next step.

—From the 2013 *Eckankar Journal*

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Video Clip on Ways to Experience Heaven

For insight on how to discover your own proof of heaven, [click here](#).