



# Spiritual Wisdom Journal

Quarterly Inspiration from ECKANKAR

April–June 2015

Vol. 5, No. 2

**SPIRITUAL SURVIVAL IN A CHANGING WORLD**

## Focus: Spiritual Secrets for Making Better Decisions

“Life has a way of teaching us better.” —Sri Harold Klemp,<sup>1</sup> *The Awakening Soul*

**FEATURE ARTICLE**



## Learning to See and Listen

By Sri Harold Klemp

A young couple who live in Washington, DC, were trying to figure out what to do about the husband’s future. Should he pursue a legal education or what? They couldn’t decide.

The wife, who was helping her husband through college and hoped he would go on to graduate school, made a suggestion. “While we’re on vacation in Boston,” she said, “why don’t we look for symbols that might help us decide what you should do?”

They stopped to visit a small museum in Concord, Massachusetts. As they were about to pay the admission, the wife suddenly thought of a way they could save some money. “You’re a student, remember?”

“Yeah, right,” he said. “I can show them my student card and get a discount.”

He showed his card to the person who collected admission fees. “Oh, you’re from Georgetown

1. Sri Harold Klemp is the spiritual leader of Eckankar.

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**A SPIRITUAL STORY**

## Facing a Big Decision: How I Got Sweet Confirmation

By Steve Scott

It was a bright spring morning, and I decided to take my dog Fritz for a long walk. There was much to think about. My winter semester at college was drawing to a close. I had applied to the school of nursing and was hoping to be accepted for the fall term. But after almost a year of courses in science I was still plagued by doubt. Was I cut out to be a nurse? I asked the Holy Spirit, the ECK, if It could offer confirmation.

I decided to let Fritz take the lead while my mind chewed over my career choices. Finally I gave up. It was time to turn around, point the puppy toward home, and put my cares in the hands of the Mahanta.<sup>2</sup> Life would let me know.

On the way home Fritz decided to go down a shady alley. We

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2. The Mahanta, the Living ECK Master is the spiritual leader of Eckankar, who assists spiritual students via talks and writings, in the dream state, and in the spiritual worlds.

## How to Make Good Decisions ✨

Everyone wants to make good decisions. But how do you know when you are being guided by the ECK<sup>3</sup> or by the mind? Here's a simple way to tell.

If guided by the ECK, you are more likely to change your mind when new information comes along. You're quicker to admit that an earlier decision based on sketchy information needs to change.

The mind has the power to make you believe you are always right. That's why a head-strong person acts so smart. He thinks he's always right, though he's often wrong.

—From *The Spiritual Exercises of ECK*, by Harold Klemp

3. ECK is the Life Force, the Holy Spirit, the Audible Life Current which sustains all life. Also short for Eckankar.

## Learning to See and Listen

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University. Two other people are here from Georgetown right now." The husband scanned the guest register and recognized one of the names. They quickly went inside to greet his acquaintance, a professor of constitutional law. She had been one of his favorite teachers because of her ability to inspire him. The couple learned that she and another professor had just flown in from England the day before.

The wife marveled at the fact that the professors had chosen that day to travel to this little town in Massachusetts, far away from Georgetown University.

"You know, this was a waking dream from the ECK," she told her husband. "What are the chances that we four, who come from different directions, would bump into each other in this little museum in a small town in Massachusetts? I think it's simply because we asked the ECK for a sign about your future."

The husband agreed. This had to be a sign that he should continue with his education in law.

The ECK works in subtle ways. If there is something you need to know, you have to be of a mind to ask. Then you need the consciousness or

awareness to know how the Holy Spirit speaks to you.

. . . You learn to listen for the Voice of God in whatever way It comes, and also to see the manifestation of the Light of God in whatever way It comes. The Holy Spirit, which is the Voice of God, is always working on your behalf to help you unfold spiritually, to become a better, more loving human being.

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—From *How the Inner Master Works*, Mahanta Transcripts, Book 12, by Harold Klemp

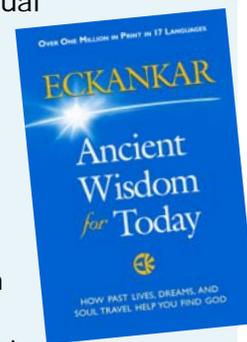
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## Ask a Modern Prophet about How to Make Better Decisions

*Sometimes I'm faced with challenges and there is no immediate answer. If this ever happens to you, what specific things do you do to find the next step?*

I sit and wait.

However, it is a being still and doing something. That "something" is a constant spiritual exercise in which I'm aware every second of what the ECK is revealing to me inwardly and outwardly about a circumstance.

That does take patience. Sometimes the ECK gives the answer piecemeal over many days, weeks, or months. So patience and discipline are keys to understanding a trying situation.

—From *A Modern Prophet Answers Your Key Questions about Life*, Book 2, by Harold Klemp

*How can I make better choices when times are hard?*

If times are hard for you during the day, try to spiritualize yourself by singing HU.<sup>4</sup> But sing it with love for God. This will lift you and help you through. It will make you a better person, in all ways and in all places, for all beings.

—Answer from *The Slow Burning Love of God*, Mahanta Transcripts, Book 13, by Harold Klemp

4. HU (pronounced HYOO) is the most ancient, secret name for God. The singing of the word HU is a love song to God. It can be sung aloud or silently to oneself.

### "Miracles in Your Life" Video

Click this box to view a very special video presentation about HU, a majestic love song to God.

## Facing a Big Decision

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walked behind old houses shrouded by overgrowth, their yards strewn with odd cement statues watching like silent sentinels. My attention was taken by the mysterious setting, and I didn't notice that Fritz had stopped.

I looked around. Barely discernible in a bed of rusty, fallen sea-grape leaves, a red Doberman lay in wait. I backed off, hoping for the best. I knew such dogs could be deadly if they chose to attack. Fritz seemed confused as we retreated carefully out of the alley. A near escape. Or was it?

The adrenaline from my sudden fright diffused as we walked home. I reviewed the scene. Fritz hadn't even growled. Had the Doberman? The dog's image replayed itself in my mind. *That dog looked awfully thin*, I thought. *And he didn't even lift his head as we approached. Was he alive?*

I had to go back and see. I put Fritz in the house and gathered a few cans of dog food, a leash, and a bottle of water to take with me, just in case. The alley seemed even darker. But my love for dogs pushed me on.

All fear melted as I knelt by the emaciated animal. "Hey there, puppy," I cooed softly.

His eyes lifted to mine, but that was all. He was in very bad shape and had picked his place to die. I held his only hope in a can of dog food. His head perked up as I opened the cans and set the food next to him.

SLURP. Good-bye, dog food. Maybe he'd make it, I thought as I watched the dog food disappear. But I still had to get the trembling Doberman to the vet. Would he let me put a leash on him?

With quivering hands, I reached for the dog's head. He offered no resistance as I slipped the chain around his neck and helped him to his feet. After a moment he followed me, very shakily, to the car. Fortunately we got an emergency appointment with my vet.

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## You Are Invited to a Spiritual Gathering

Eckankar seminars are an opportunity to join with other spiritual seekers and students of Eckankar for one to three days of workshops, small group discussions, inspiring creative arts, programs for youth and families, and outstanding speakers. Sri Harold Klemp is the featured speaker at the two major Eckankar seminars (spring and fall) each year.

Coming in April:

### 2015 ECK Springtime Seminar

*Transformation in A Year of  
Spiritual Healing*

April 3–5, 2015

Minneapolis, Minnesota, USA

For more information, to preregister for this seminar, or to see a short video including an excerpt of a seminar talk by Sri Harold Klemp, go to [www.ECKseminars.org](http://www.ECKseminars.org).



*Meet people from around the world who share how the spiritual secrets they've discovered help them in daily life.*

**"I found that the jewels of the ECK seminar don't just happen at the seminar itself, but in the days that follow, when all the lessons come together in my life even more. . . . It is easier to live my daily life in balance, and I am excited about what comes next. I am more open to the most beautiful possibilities in my world. Just like Sri Harold says, 'All in good time.'"**

—ML, Goldbach, Germany

## Facing a Big Decision

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"This guy's pretty far gone," she said. "He needs a lot of care." She looked me in the eyes. "And I can't promise he'll even make it."

I had to give him a chance.

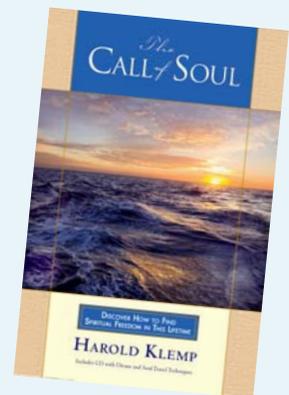
During the next few days the world faded away as I focused on my patient, whom I named Zachary. With time and a little love, Zachary made great progress. I began to look forward to his daily improvement. I had never enjoyed myself so fully. That's when I realized I was *nursing* him back to health! The confirmation couldn't have been sweeter! I humbly thanked Divine Spirit for such a clear answer to the question about my career.

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— Excerpted from *Earth to God, Come in Please . . .*, Book 2, Harold Klemp, Series Editor

## Discover How *The Call of Soul* Can Help You

"When you get a little more spiritual freedom, love comes into your heart and replaces fear with wisdom. This is the golden heart. You start making decisions based on a greater degree of wisdom instead of fear."



—*The Call of Soul* by Harold Klemp