



Spiritual Wisdom Journal

Quarterly Inspiration from ECKANKAR

October–December 2017

Vol. 7, No. 4

SPIRITUAL SURVIVAL IN A CHANGING WORLD

Focus: Learning from Spiritual Teachers—Ancient and New!

“The ECK Masters walk among you now, today, ready to encourage one Soul at a time on the journey home to God.”

—Sri Harold Klemp,¹ *Those Wonderful ECK Masters*

FEATURE ARTICLE

A Teacher for Every State of Consciousness

By Sri Harold Klemp



A person of another faith will likely have a bond with the spiritual leader of his own faith, and that is as it should be. God has created all religions and all spiritual leaders to fit

a certain place in the lives of certain people. No spiritual leader is going to be right for everyone. I don't say I am.

Each person has to decide whether or not any other person is going to be their spiritual tutor. That is not something that any human law can decree. That doesn't work in the spiritual teachings.

Who Are the Teachers?

God has given a teacher for every state of consciousness.

Sometimes this teacher is not in a religion. The teacher can be your boss at work. Or this individual may be your mate. Divine Spirit, the ECK, will bring the words of wisdom that you need for your spiritual unfoldment through someone very close to you. It can come through the words or the hug of a child. It can come through the cry of a baby. It can come through the love of your pet, your dog or your cat, as it comes up to you to greet you when you come home from work.

We in the human state of consciousness are sometimes too protective of what ways God can or cannot show love to Soul. We think well, God isn't going to show love through my dog, because my dog has fleas. Or not through my cat, because my cat has worms.

Teaching Love

A teacher will use different approaches to the same truth.

In the New Testament, Christ constantly used parables, but basically he was saying, “God loves you. Don't you see? Don't you understand? Love your neighbor as yourself.” He gave all these different examples. He pointed out that self-responsibility is one of the rules that a person who is on the spiritual path must accept and follow.

It's just that simple. When you have self-responsibility, you are loving yourself as a divine creation of God. After you do that, maybe you have the capability to love your neighbor.

We in ECK say, “Soul exists because God loves It.” Or more personally, “You exist because God loves you.” It's the old, old teaching.

A teacher repeats and repeats, and a teacher tells stories. Sometimes they're humorous, sometimes they're very somber stories. They're the stories of other people, how they learned some principle that was trying to direct them closer to

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To share this newsletter with a friend, copy this link and paste it in your e-mail: www.SpiritualWisdomJournal.org.

1. Sri Harold Klemp is the spiritual leader of Eckankar.

A Teacher for Every State of Consciousness

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this underlying principle: God loves you.

It is that simple. Any true teacher in any religion will always bring out this very same message about divine love.

Who Are the ECK Masters?

The ECK Masters are spiritual guides people have looked to since the beginning of time for guidance, protection, and divine love. By the way, “ECK” means the Holy Spirit.

The ECK Masters walk among you now, today, ready to encourage Soul on Its journey home to God.

You are Soul. It is the real you.

You are a timeless, deathless spark of God—in

love, strength, and beauty—upheld by the always present Light and Sound, the Holy Spirit.

Every person has a chance to find spiritual freedom. The ECK Masters light up an event, a dream, or an unusual encounter to clear the way.

They often come in people’s dreams, while at other times they offer aid in our daily lives.

There are lots of stories about the many occasions one of the ECK Masters or the Mahanta, the Inner Master, has helped an individual with healing, protection, or an outpouring of divine love.

The ECK Masters help all who really want to find the true love and wisdom that is their divine heritage.

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—Compiled from two books by Sri Harold Klemp: *How to Survive Spiritually in Our Times*, Mahanta Transcripts, Book 16; and *ECK Masters and You: An Illustrated Guide*.

Do you recognize any of these ECK Masters?



Kata Daki



Gopal Das



Wah Z
(Sri Harold Klemp)



Fubbi Quantz



Towart Managi



Rami Nuri



Lai Tsi



Shamus-i-Tabriz



Peddar Zaskq
(Paul Twitchell)



Rebazar Tarzs



Yaubl Sacabi

A SPIRITUAL STORY

The ECK Masters Are Real!

By Christie Kay, Texas

At an ECK Worship Service, I met a woman who had recently become a member of Eckankar. We struck up a conversation, and I learned she had gone through some tough situations in the past. But these were behind her now. She was beginning a new life with the ECK teachings.

As we talked, I had the opportunity to share with her *ECKANKAR’s Spiritual Experiences Guidebook*. Flipping through the pages, we came to a section with pictures of the ECK Masters.

Suddenly, she looked up at me, her whole countenance changed and filled with wonder. Then she told me about an experience that had happened thirty years before.

She had been in a terrible automobile accident in her small, two-seater car. Crushed within the wreckage, she was unable to breathe.

She heard the sound of other people near the vehicle. A man reached into the car to calm her and help her breathe. She was so grateful.

When the paramedics arrived to help her, they had to cut her out of the car using a device

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The ECK Masters Are Real!

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called the Jaws of Life. Once she was freed, they strapped her carefully onto a stretcher, fearing she had spinal injuries.

She had one request for the paramedics as she was lifted into the ambulance. “Please get the contact information of the people who helped me,” she asked. Then the ambulance doors closed, and she was taken to the hospital.

When she recovered from the accident, she paid a visit to the paramedics to offer her thanks. She asked them if they had gotten any contact information from the other people who were there. She especially wanted to thank the man who helped her breathe.

To her surprise, they replied there were no other people. The paramedics were the only ones there to help.

“But there were other people!” she insisted.

“That man put his hand on my chest and helped me breathe again!”

“Ma’am, when we saw the car, we were positive we were going to be pulling out a body,” one of the paramedics replied. “We were amazed you were alive. The people you saw must have been your guardian angels.”

For over thirty years, she’d kept the story to herself.

Now, with tears running down her cheeks, she pointed to the picture of ECK Master Paul Twitchell in the book.

“That’s the man who helped me breathe again,” she said.

Now I was filled with wonder. It was a special reminder to me that the ECK Masters are real. Living in service to God, these amazing beings are always there to help us meet every challenge in life and discover more of God’s boundless love for ourselves.

—From the 2016 *Eckankar Journal*

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View a short talk by Harold Klemp.

The spiritual leader of Eckankar speaks of a miraculous meeting with an ECK Master.

<http://www.eckankar.org/Masters/index.html>

A SPIRITUAL EXERCISE TO TRY

Meeting the Master



Take a comfortable sitting position on your bed or in a chair. Gaze gently and sweetly into the Spiritual Eye between the eyebrows.

Everything may appear dark for a moment. Gaze into the space between the brows minutely and more minutely. Look for the Light, a sheet of white light.

The Light may be like a great sun, throwing its glittering, brilliant rays in a circle around you, its brilliancy greater than ten thousand suns.

Suddenly you realize that the Light is coming from within yourself, spreading into an ever-

widening circle until it fills the whole universe. It flows out of a center within you and becomes a burning beacon. Feel your whole body pulse with the rhythm of its surging waves like the pounding of surf upon a sandy beach.

You hear the roaring of the surf in your ears, and it grows and grows. Suddenly into your inner vision steps the Mahanta, the Living ECK Master. Greet him with joy in your heart and begin your journey into the worlds of God.

—From *ECK Masters and You: An Illustrated Guide*, by Harold Klemp



More stories, exercises, and insights for you!

Visit the Eckankar blog for up-to-date postings and build your spiritual momentum. Share your comments! Subscribe, and you will never be without inspiration. Check it out at <http://www.eckankarblog.org>

Ask a Modern Prophet about Spiritual Teachers

I hear about the Mahanta, the Living ECK Master in Eckankar. Who and what is he? What is his function?

The Mahanta, the Living ECK Master is the spiritual leader of Eckankar. He is the spiritual guide for those on the path of ECK.

Sometimes people don't understand the role of a spiritual guide—whether it's Christ, or the Mahanta, or Buddha, or the leader of a church somewhere who has a very definite, direct connection with the Holy Spirit. So let me explain. . . .

. . . A true spiritual master is in tune with the Voice of God. A human manifestation that people can see and understand. In that role, his will is that of Divine Spirit. And that's all.

In Eckankar this divine force works both in the Outer Master and also through the Inner Master. That means those on the path of ECK have the additional benefit of a Master who can come to them in the dream state and teach them there. Or sometimes by direct Soul Travel. Sometimes through contemplation. The Inner Master is there, working when the individual sleeps, or prays, or meditates, or contemplates. And the Outer Master is out here to provide the books, the discourses, and to give talks and things of this nature. But the Outer and Inner Master are

not two separate things—they're just two different aspects of one being who serves the Holy Spirit.

How can I tell if the ECK Masters are real?

Once anyone has met an ECK Master, like the Tibetan Rebazar Tarzs, physically or on the inner planes, there is no further question that he or she is a real being.

But not everyone has earned the privilege.

It is interesting to note that when one first steps onto the path of ECK, he may have a number of experiences that give proof of Soul's existence beyond death. He is also shown the reality of the ECK Masters of the Order of the Vairagi.

Then, over the years, he unfolds. Sometimes he does so without recognition of his expanded state of consciousness. His inner and outer experiences reach a new level, but his awareness of this is nonexistent until a radical change occurs in his everyday life. This jars him in the awakened state, and what he discovers is often unsettling. His experiences have toned down and interwoven themselves into his everyday life.

—From *A Modern Prophet Answers Your Key Questions about Life*, Book 1, by Harold Klemp

MEET SPIRITUALLY LIKE-MINDED PEOPLE

You Are Invited to a Spiritual Gathering

Eckankar seminars are an opportunity to join with other spiritual seekers and students of Eckankar for one to three days of workshops, small group discussions, inspiring creative arts, programs for youth and families, and outstanding speakers. Sri Harold Klemp is the featured speaker at the two major Eckankar seminars (spring and fall) each year.



Coming in October:

2017 ECK Worldwide Seminar

How to Become the Awakened Soul

**October 20–22, 2017,
Minneapolis, Minnesota, USA**

For more information, to preregister for this seminar, or to see a short video including an excerpt of a seminar talk by Sri Harold Klemp, go to www.ECKseminars.org.

Meet people from around the world who share how the teachings of ECK help them in their lives.